

***Did you know you can still contact a SCHOOL NURSE in lockdown  
with:***



## **Text us for advice on ChatHealth:**

ChatHealth offers confidential help and advice via text messaging for parents and carers of 0-19 years and for young people aged 11-19yrs.

ChatHealth is available Monday-Friday 9am-5pm and automatic replies will be sent to messages received out of these hours. The ChatHealth service will be managed by Health Visitors and School Nurses who have received additional ChatHealth training.

The mobile numbers are:



**Livewell ChatHealth 0-5 years Parents Service - 07480 635188**

**Livewell ChatHealth 5-19 years Parents Service - 07480 635189**

**Livewell ChatHealth 11-19 years Young Peoples Service - 07480 635198**